

Introducing the 2022–2023 PW/*Horizons* Bible study

Celebrating Sabbath

Accepting God's Gift of Rest and Delight

By Carol M. Bechtel

In the nine lessons of this Bible study—with passages from Genesis, Exodus, Deuteronomy, Isaiah, Matthew, Luke, and Acts—we'll consider Sabbath

- as a celebration, not a day of dreary formality
- as God's intent for all of creation that includes busy women too
- as one day of the week, perhaps a Sunday
- as a time to surrender unhealthy striving and frantic busyness, and instead trust that God will provide
- as a reminder that life is precious and working too much is against God's plans for our precious lives
- as a day devoted to community and justice and not exclusively to self-care

Ultimately, Sabbath reminds us to honor God who honors us by giving us a day each week to reset our pace, our priorities, and our lives.

Bible study, supplemental materials, and other helps!

The following resources will be available in the spring and summer of 2022

- Editions of the Bible study studybook: English, Ecumenical, Spanish, Large Print, and Audio
- Resources to spread the word: Promotional poster/flier, eBlasts, Pendant/Charm
- Resources to learn more about the study: *Workshop for Leaders*, Companion DVD, Blogs
- Bible study resources in *Horizons* magazine begin with the Summer 2022 issue
- And more!

About the Author



The Reverend Dr. Carol Bechtel is Professor of Old Testament at Western Theological Seminary in Holland, Michigan, where she has taught since 1994. She also serves as the Executive Director of the American Waldensian Society, an organization that partners with Christians from the Reformed tradition in Italy and South America.

Carol grew up on a farm in Fulton, Illinois. She attended Hope College, Western Theological Seminary, and received her Ph.D. in Old Testament from Yale University. Her publications include a commentary on Esther and several curriculum series and Bible studies. We're sure many of you will remember her PW Bible study from 2007–2008,

Above and Beyond: Hearing God's Call in Jonah and Ruth.

Carol lives in Holland, Michigan, with her husband, Tom Mullens. They have four children and seven grandchildren. Her hobbies include singing, cooking, gardening, and the Celtic harp. We are so excited to welcome back Carol to Presbyterian Women!

***Horizons* isn't just a Bible study, *Horizons* is a magazine too!**

In fact, current *Horizons* magazine subscribers receive the 2022–2023 PW/*Horizons* Bible study in March 2022. Subscribe by April 1, 2022, and you will, too!

Call toll-free 866/802-3635 or visit www.presbyterianwomen.org/horizons!

